

Amanda Bierman, M.D.  
Colleen Bingham, M.D.  
Jeffrey Brummer, D.O.  
Michael Brummer, M.D.  
Jeffrey Crowell, M.D.  
Thomas Heischmidt, M.D.



1106 N. Merchant St.  
Effingham, Illinois 62401

Ph. 217-342-7000

[www.familycareassociates.com](http://www.familycareassociates.com)

Lenora Drees, APRN  
Dot Behrns, APRN  
Richelle Volk, APRN  
Candi LeDuc, APRN  
Katie Roedl, APRN  
Courtney Miller, APRN  
Lori Johnson, APRN  
Sarah Vaughn, APRN

---

## IMPORTANT INFORMATION REGARDING MEDICARE AND CHRONIC CARE MANAGEMENT (CCM)

We enjoy and appreciate the opportunity to provide you with comprehensive primary care. Medicare has identified the care of chronic health conditions as an important goal. Chronic conditions are ongoing medical problems that must be managed effectively in a partnership between you and your health care team to maintain the best possible health. Examples include diabetes, high blood pressure, heart disease, depression, and others. Effective Jan. 1, 2015, federal regulations now enable Medicare to pay for chronic care management.

### What is chronic care management?

Your physician and primary care team will carefully monitor and provide comprehensive care for your chronic health conditions in a systematic way to supplement regular office visit care. As your partner in chronic care management we hope to optimize your health, increase your quality of life, and prevent hospitalization.

### How can you benefit from chronic care management?

- Engaging in CCM provides you the support you need between visits. Your dedicated care team will help you plan for better health and stay on track with your treatment goals.
- Monthly check-ins and ready access to your care team improves communication and is a regular touch-point to review your questions and concerns, and to discuss any medical needs (such as medication refills or preventative care services).
- For urgent care after hours, utilize our on-call services by contacting HSHS St. Anthony's Memorial hospital at 217-342-2121 and asking for the provider on call for Family Care Associates. In addition, take advantage of Patient Portal by sending us your refill requests, non-urgent, questions, and more!
- You will receive a personalized, comprehensive plan of care for all of your health issues.
- Your care will be coordinated by your physician and staff, including care you may receive at other locations, such as specialists' offices, the hospital, other health care facilities, or your home.

### What do you need to know before signing up?

- Understand that this care requires you to pay approximately \$8 to \$9 (your Medicare coinsurance amount) to your primary care practice each month that you receive chronic care management. The service is also subject to your Medicare deductible. However, participation in CCM may help avoid the need for more costly services in the future by proactively managing your health!
- You have the right to stop CCM services at any time (effective at the end of the calendar month).
- Only one practitioner can furnish and be paid for CCM services during the calendar month.

**We look forward providing your chronic care management.  
Feel free to contact us with any questions, or to complete your CCM Enrollment!**

For more information, visit Medicare's resource page at <https://www.cms.gov/About-CMS/Agency-Information/OMH/equity-initiatives/ccm/patient-resources.html>

---

*Our Mission: "Providing the highest quality medical care to the patients and families we serve"*